

## **DIRECTIONS TO HIGHER BOWDEN & SUPERMARKETS**

***Please use our directions below rather than a satellite navigation system as these have been known to take you via a longer route. However if you do want to use your system the GPS co-ordinates for Higher Bowden are: West: 3.37.30 North: 50.19.50 and our postcode is TQ6 0LH.***

***NOTE: The cottages, car park and grounds are not available to guests until after 3.00 pm. Please let us know your approximate time of arrival if it is later than 6.00 pm (Peter and Lin Horne on 01803 770745).***

**From the South East** – take the M3 then the A303 heading South West. Near Ilminster follow the signs to the M5 (which is a short detour that will help you avoid the very busy road through Honiton) then go South on the M5.

**From the Midlands and the North** – proceed to the M5 and continue south to the end of the motorway, just south of Exeter.

**From the end of the M5, Higher Bowden is 40 miles and just over an hour away**

At the southerly end of the M5 the road splits in two, bear to the right following the signs A38 Plymouth. After 15 miles, just past Ashburton, take the A384 left to TOTNES. You are now 35 minutes and 16 miles away from Higher Bowden. (If you wish to stop for shopping, there is a Morrisons Superstore in Totnes, open weekdays until 8.00 pm and Sundays until 4.00 pm – this is straight over the lights and towards the town centre, there is also a Sainsbury's Superstore just 3 miles from Higher Bowden please see details on reverse of this page.)

If you do not make a shopping detour now, turn right at the lights in Totnes, following the signs to Dartmouth, and proceed straight on for 5 miles (ignore brown sign to 'Bowden House' – this is unconnected with Higher Bowden); go through Harbertonford to Halwell and turn left straight after the church up a steep hill, turn left, and again follow the signs to Dartmouth.

After two miles go past the Woodlands Leisure Park on your right and the Dartmouth Golf Club on your left and straight on just past the Garden Centre on your right; slow down here and take the first narrow turning right signposted 'Ash' just before the Sportsman's Arms on your left. There is also a brown sign to 'Fast Rabbit Farm' which helps as a useful marker. Go 1 mile to the junction (Bugford Cross), turn right and immediately left. Go another mile to a blind crossroads – open windows to listen for traffic – and go straight over in the direction of 'Ash Tree Farm' (sign will be in front of you on the left) - there is a red post box in the wall on your right - for one final mile. If clear you can see the sea and Higher Bowden is on the right going down a very steep hill. If you have reserved one of the courtyard cottages, take the first entrance on the right; if you are staying in one of our 6 person cottages (Buttercup, Wisteria, Rose, Oaktree and Hayloft) take the second entrance on the right and park in the designated space(s) for your cottage.

**If you approach from Torquay or Paignton** – which we do not recommend – we can be reached from that direction by the following route:

Follow signs out of town to Dartmouth, bearing right to Kingswear and take the Higher Ferry (right at the junction). Please note there can be lengthy delays during main holiday times. Follow the one-way system off the ferry and up College Hill, past the Royal Naval College, taking the road signposted to Stoke Fleming and Blackpool Sands, which bears left at the top of the hill.

\* Follow this road for about half a mile and, where the main road turns to the left, make a right turn – almost straight ahead – into a narrow road signposted to Bowden. Proceed for two miles downhill and straight over a crossroads; pass the row of cottages on your right, go up the hill past the two detached white houses and turn next right by a postbox and the 'Higher Bowden Cottages' sign. The lower cottages (Buttercup, Wisteria, Rose, Oaktree and Hayloft) are your first entrance on the left and the courtyard cottages are reached by the second, higher entrance.

When you arrive the keys will be in your cottage door from 3.00 pm onwards when the cottage will be clean, tidy and ready for occupation and car parking will be available. We will have supplied bed linen (except for cots), bathroom and kitchen towels and basic cleaning materials, there will be two pints of milk in your fridge. Please make sure that you bring your swimming/beach towels and all toiletries and food and drink requirements.

**Please note:** We are unable to accept deliveries from supermarkets. If you would like to order local groceries ready for your arrival, Stoke Fleming Post Office will deliver to your cottage (Phone 01803 771119). Riverford Farm will also deliver organic, vegetables, fruit and meat to the cottages ([www.riverford.co.uk](http://www.riverford.co.uk)) telephone 01803 732786 for details.

If you would like to order fresh or frozen ready meals in your cottage on arrival, a large selection is available from the very popular '**Kate's Cuisine**' (e.g. Steak and Ale Pie, Chicken Curry with Rice, Beef Goulash, Lasagne and vegetarian options, all homemade using local produce from £11.95 for 4 servings) – a guest comment: '*We used 'Kate's Cuisine' several times and recommend her for quality, quantity and price!*' Contact Katie Lethbridge - Telephone/fax 01548 521 753 (mobile 07734 694 967).

### **Local Supermarkets**

Dartmouth has a Sainsbury's supermarket, Townstal Road, Dartmouth, opposite Lidl and the Park and Ride. (Mon. to Sat. 7.00 am to 9.00 pm Sunday 10.00 am to 4.00 pm). We regret we are unable to accept deliveries from Sainsbury's (or any other supermarket) but the store is easy to reach if you continue on the A3122 road – do not turn right after the 'Garden Time' Garden Centre as listed on our directions – continue towards Dartmouth and you can't miss the store on your left. Retrace your steps back to the Ash/Fast Rabbit Farm junction by turning right onto the main Dartmouth road from Sainsburys and continue with the directions from there. Or, if you like a challenge come via the lanes! Turn left onto the Dartmouth road from Sainsbury's (heading towards Dartmouth) to the small traffic island and continue across to the second traffic island and turn right where it is signposted, Stoke Fleming and Blackpool Sands and follow directions as marked by \* at the top of this page. There is also a Marks & Spencer food store in the centre of Dartmouth opposite the main car park.

HAVE A GOOD JOURNEY